

EATING DISORDERS (THE FACTS)

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Eating disorders - Facts about anorexia, bulimia and binge eating disorder - NIPH

Eating disorders can have serious consequences for health, productivity, and relationships. Eating disorders, including anorexia nervosa, bulimia nervosa, and .

7 Important Facts About Eating Disorders | Mental Health America

To fight the stigma surrounding eating disorders, 13 organizations have gathered to set the record straight. Here are nine facts about people with the condition.

Eating disorders: key facts

At their extremes, eating disorders can seriously damage the sufferer's health and significantly interfere with their ability to function daily and to enjoy life.

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Think about joining a self-help group and contact Beatthe eating disorders association which helps adults and young people in the UK beat their eating disorders. However, there is a smaller group that has a longer recovery path. The largest proportion of people presenting for treatment being adolescents and young adults.

Both genes and environment are important. Today, there is increased understanding of the role of genetics. Thoughts, emotions, attitudes, and behaviors regarding weight and food issues are constant for those with eating disorders, and it can make it impossible to live a normal life. Back to Top What causes eating disorders?

Laxative abuse can lead to long lasting disruption of normal bowel function. A binge eating episode is followed by actions to compensate for the large food intake and to avoid weight gain.